The Disruptive Traders' Manifesto

What does it mean to **BE A DISRUPTIVE TRADER**? Being DISRUPTIVE means that you TAKE ACTION, more than that...it means that you are an **ACTION HERO**. You don't let fear stand in your way...you FLIP THE FEAR, get CREATIVE, and OVERCOME those challenges! You constantly DARE TO DISRUPT YOUR COMFORT ZONE TO BUILD CONFIDENCE AND COURAGE, to break down seemingly impossible walls, to become your own **ACTION HERO AT LIFE**. Being DISRUPTIVE means that your choices each day are all geared towards STRENGTHENING YOUR **KARDIA, SOMA, AND MYALO** ... strengthening your mental, physical, and emotional fitness.

**BEING A DISRUPTIVE TRADER MEANS THAT YOU REFUSE TO STAY STUCK IN A VICTIM MINDSET.** You are on a constant quest to **BE WHO YOU WANT TO BE PERCEIVED AS.** You are the CEO of your own TRADING COMPANY. You OWN the results. You are RESPONSIBLE for them. You are ACCOUNTABLE for them. You listen to the advice of those you admire. You FUEL yourself with quality content, people, and food that ENERGIZE and INSPIRE you because you LOVE YOURSELF enough to accept only positive input. You focus on the POSSIBILITIES around you, not the problems that pop up. You immerse yourself in IDEAS AND INNOVATIVE IMAGERY, not insignificant issues. You don’t gossip, criticize, or judge…not others and definitely not yourself, because you know just how vital it is to BE YOUR OWN BEST FRIEND instead of your worst critic. You don’t worry about fitting in or trying to stand out because being your AUTHENTIC SELF is the best role you will ever play. Being DISRUPTIVE means being more concerned with CREATING A POSITIVE IMPACT AND CHANGE IN THE WORLD than with what others may possibly think of you or what your self doubt may say to hold you back. Your DROP TOXIC influences and replace them with POSITIVE ones.

**BEING A DISRUPTIVE TRADER MEANS VALUING YOUR HEALTH ABOVE ALL ELSE.** You know that the most important muscle you have is between your two ears and that everything you do is contributing to its GROWTH. Being DISRUPTIVE means putting YOUR WELL-BEING first because you can’t pour from an empty glass. And as a trader, you definitely need a FULL glass. You know that you don’t have to be a world-class athlete or fitness model to be INVESTED IN YOUR BODY, and that striving for a HEALTHY PHYSIQUE isn’t even close to be concealed, because you know that YOUR HEALTH, ENERGY, AND HAPPINESS ARE THE ONLY INGREDIENTS NEEDED FOR A SUCCESSFUL LIFE. You challenge the stereotype of crash dieting and quick fix pills and instead create a LIFESTYLE AROUND MOVEMENT, CREATIVITY, AND CLEAN FUEL. CONFIDENCE IS YOUR CAFFEINE. PASSION AND PURPOSE are your favorite energy drink.

**BEING A DISRUPTIVE TRADER MEANS BEING A MEDITATION BADASS.** You know that by spending time focusing on your center, getting clear on your goals, reverse engineering them, creating a vision for your future, and opening yourself to possibilities, you are DIRECTLY INVESTING IN YOUR SUCCESS. You don’t work for your dreams, you let the Universe FLOW with your openness, A MASTER OF IMAGINATION, to create a life that's better than what you originally dreamed. Being DISRUPTIVE means asking EMPOWERING QUESTIONS when faced with doubt…asking what you can learn, do, or be instead of asking “why me”. It means LOOKING FOR THE LESSON, not finishing in failure. Because after all, when you’re DISRUPTIVE, you know that failure is merely a matter of opinion, and opinions are simply a point of view, not the absolute reality. You focus on being
GRATEFUL. Grateful for what you have experienced, grateful for who you are, grateful for what you have, and grateful for what's already on its way to you. You ROUTINELY do GRAFFORMATIONS, being GRATEFUL for FUTURE MEMORIES and the FEELINGS you ENJOY from having achieved your GOALS *(put in the form of a question)*.

BEING A DISRUPTIVE TRADER MEANS TRADING IN THE NEW PARADIGM. You aren't lured by the next shiny-object that pops-up, you have the discipline to stay the course and not be distracted. You are not emotionally drawn to claims of “big-pips”, because you understand the real math in trading, and realizing those big-pip claims are not typically very profitable, but are made just to exercise an EGO from someone who is INSECURE. You understand the few, powerfully profitable pips you gain, are more than enough to yield abundance, lifestyle, and freedom, because you fully embrace the compound effect and understand math (*Math Over Emotion*). You don't play victim and make time-excuses for not doing your self-development reading, but rather, set-out to read four books each month. You make an effort to consciously program positive beliefs and expectations into your life. You practice afformations (*affirmations in the form of a question*) throughout the day.

BEING A DISRUPTIVE TRADER MEANS FINDING BALANCE BETWEEN TRADING AND THE REST OF YOUR LIFE. An abundant life doesn’t just come from financial wealth. Invest time into your partner, your family, yourself, including hobbies and scheduled down time. Plan your JOMO (*Joy Of Missing Out*) time, and do just that – ENJOY THE BREAK IN ROUTINE. BEING A DISRUPTIVE TRADER means you give-back as you received, you support your trader community, your life community, and remain positive.

BEING A DISRUPTIVE TRADER MEANS YOU ARE A GOAL MAKER. You set annual goals, monthly goals, weekly goals, and daily goals. You do reviews at the end of each of those periods and plan the next. You embrace the compound effect and the exponential curve results it generates, and thus have PATIENCE, knowing each day, each moment, truly matters and shapes your future and that of others. Even if growth is not seen that day, you understand it is the COMPOUNDING OF THOSE DAYS that delivers the end goals. BEING A DISRUPTIVE TRADER MEANS you break down goal tasks into systems and patterns (routines) and the only way to do that is through HABIT CREATION. BEING A DISRUPTIVE TRADERS MEANS your focus is on that habit creation, then living-out those habits without fail, and that defines the process … YOUR FOCUS IS ON THE PROCESS … the OUTCOME WILL TAKE CARE OF ITSELF.

BEING A DISRUPTIVE TRADER MEANS YOU KNOW THE UNIVERSE HAS YOUR BACK. The woo-woo in the magic of Fibonacci on your charts comes from somewhere. Recognizing the Universe supports your trading goals, you realize success comes not on your schedule, but when all is aligned and you are ready. You don't set expectations, as they force desperation, RAS mis-alignments, FOMO (*Fear Of Missing Out*), and roller-coaster trading results.

BEING A DISRUPTIVE TRADER MEANS YOU TRULY COME FROM A PLACE OF LOVE: It's impossible to be loved by others, if you don't love yourself. You love all traders, regardless of where they are on their journey, what methods or strategies they deploy or favor. AS A DISRUPTIVE TRADER, you recognize and embrace the fact that we are all part of a brotherhood of select individuals who share the common dreams of freedom and happiness. A DISRUPTIVE TRADER recognizes that brotherhood, and always remembers to place it at the top of their personal philosophies, otherwise, they will eventually flow and fall to the dark side of selfishness and greed. In a Universe which has unlimited abundance, there is no room for selfishness and greed as a trader.
BEING A DISRUPTIVE TRADER MEANS ALWAYS BEING SUPPORTIVE AND ENCOURAGING, even to traders who may not extend the same considerations to them. Karma is real, and finds its way in time, to return what you have been giving out.

BEING A DISRUPTIVE TRADER MEANS YOU ARE A WINNER. You understand the path to trading success is learning what not to do in your demo trading, and that your eventual winning merely just means losing many times. But, if you aim to win in your demo trading, your long term success will remain elusive. You make conscious efforts to be self aware … aware of ego and aware of emotions, and you realize that ego and emotions are your two worst trading partners. You trade robotically (do the same thing, each time, in similar situations), as that is the best way to keep ego and emotion out of your trading. You accept and appreciate there are no short-cuts in life or in trading. Your one goal is trading mastery, which in the end, merely means EVERY MONTH, you see a POSITIVE RETURN on YOUR ACCOUNT.

Steve Gregor and
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Note:
This is an adaptation of The Disruptive Manifesto by Rachele Brooke Smith. With her permission, I have added to and edited it to reflect the more specific nature of the DisruptiveTrader.